# **Street Swing Partner Dance**

Intro to Street Swing together and apart, 'round and 'round, and away we go

The Play Circle – Why (Purpose), What (Principles), How (Practice) Connecting dance and daily life, swing and the street.

Why Purpose

Engage life as play.

Play is defined as imaginative interaction. Play is an attitude rather than an activity. Emphasize process over performance.

What Principles

Swing In the midst of life filled with multiple options, discover connections.

For dance, incorporate different styles.

Street In the midst of life defined by change increasing exponentially, look beyond technical solutions to adaptive solutions.

For dance, employ improvisation.

Partner In the midst of life characterized by changing roles, recognize interdependence and influence the interaction.

For dance, engage in greater mutuality.

Dance In the midst of life bombarded with competing messages, tune into the rhythms of life and interpret accordingly.

For dance, let the music guide you on what to do.

How Practice

Arthur Murray meets Contra Folk in the Google Age.

Arthur Murray – Stride and glide through life centered and collected.

Contra Folk - Embrace natural rhythms of life.

Yin and Yang
Circle of existence
Life as a journey
Google Age – Intuitive

Live your life with imagination and improvisation.

Recapture the spirit of Jazz Dance in the Ragtime Era for the Google Age.

\*Adaptation of Simon Sinek - The Golden Circle - TedTalks 2009 - YouTube

## Pose Poetry 23

## **Faith Based**

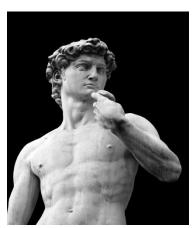
#### david

<sup>14</sup>David danced before the LORD with all his might;

oremus Bible Browser: 2 Samuel 6:14

 $\underline{\text{http://bible.oremus.org/?passage=2+Samuel+6:14\&vnum=yes\&version=nrsv}}$ 

Images for David danced before the LORD with all his might;



David

#### song quote

So, dance for our God and blow all the trumpets.

So, dance for our God and blow all the trumpets.

So, dance for our God and blow all the trumpets.
Oh, sing to our God, oh, sing to our God.
O SING TO THE LORD - Lead Line | Digital Songs & Hymns <a href="https://digitalsongsandhymns.com/songs/4058">https://digitalsongsandhymns.com/songs/4058</a>
Images for So, dance for our God and blow all the trumpets.

"Cantad al Señor" (Oh Sing to the Lord) - Cover by Jameson Tabor - YouTube <a href="http://www.youtube.com/watch?v=JVdIYC0JPTU">http://www.youtube.com/watch?v=JVdIYC0JPTU</a> Images for "Cantad al Señor" (Oh Sing to the Lord) - YouTube

#### inspiration

With the warm weather body parts became visible that were not so during the long winter. A tattoo on a woman's shoulder caught my attention, and I couldn't help but mention it. She explained that it was Isaiah 40:31

<sup>31</sup>but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Evidently, it energized her to dance vigorously as well.

Events | Singles Connection Eau Claire

BARN DANCE

May 31, 2014, barn dance at Ted and Anna's. Gather at 6:00, eat about 7:00. The dance starts at 8:00 to 12:00. Bonafide will be playing for us. It is always a great time. The group furnishes the meat, pulled pork, and some of the main dishes. Everyone can bring a dish to pass. Ted and Anna furnish the barn to us but to pay for the band we ask for a \$5 donation.

http://singlesconnectionec.com/events/

http://singlesconnectionec.com/photo-gallery/

Images for Singles Connection Eau Claire BARN DANCE

Bona Fide Band - Facebook

Country Classics, Blue Grass, Blues, & Classic Rock.

https://www.facebook.com/events/paradise-shores-4/bona-fide-band/1880155855635805/

Images for Bona Fide Band - Country Classics, Blue Grass, Blues, & Classic Rock

https://www.youtube.com/watch?v=TdEwzFTEknE Bona Fide - YouTube

https://www.youtube.com/watch?v=22Bu2Jfm7V0 Bona Fide - Sultans of Swing - YouTube

### hymn quote

Come, join the **dance** of Trinity, before all worlds begun the interweaving of the Three, the Father, Spirit, Son. The universe of space and time did not arise by chance, but as the Three, in love and hope, made room within their dance.

Text: Richard Leach Tune: Kingsfold (CMD)

Come, join the dance of Trinity - Blogger

http://walkwet.blogspot.com/2007/05/come-join-dance-of-trinity.html

Images for Come, join the dance of Trinity

### rejoice quote

<sup>24</sup>This is the day that the LORD has made; let us rejoice and be glad in it.

oremus Bible Browser: Psalm 118:24 http://bible.oremus.org/?ql=171390940

Images for This is the day that the LORD has made; let us rejoice and be glad in it.

Ps. 118 - This is the Day (Bobby Fisher) - YouTube <a href="https://www.youtube.com/watch?v=lk6dmqdNKu4">https://www.youtube.com/watch?v=lk6dmqdNKu4</a>

Images for Psalm 118 - This is the Day - YouTube

#### prayer quote

O God, the turn of the galaxies and the dance of the molecules show your wonderworking power; our very life and breath are extraordinary gifts. Open our hearts to recognize your deeds that we may turn again and respond with praise; through Jesus Christ our Lord. Amen.

Bread for the Day 2008: Daily Bible Readings and Prayers - Amazon.com
<a href="http://www.amazon.com/Bread-Day-2008-Readings-Prayers/dp/0800621263">http://www.amazon.com/Bread-Day-2008-Readings-Prayers/dp/0800621263</a>
Images for O God, the turn of the galaxies and the dance of the molecules

#### hymn quote

We are marching in the light of God, we are marching in the light of God. We are marching in the light of God, we are marching in the light of God. We are marching,

Oo we are marching in the light of God. We are marching,

Oo we are marching in the light of God.

Alternative text, "dancing, singing, praying."
Your Sunday Hymn: We Are Marching in The Light of God | Nice Deb <a href="http://nicedeb.wordpress.com/2013/07/21/your-sunday-hymn-we-are-marching-in-the-light-of-god/lmages">http://nicedeb.wordpress.com/2013/07/21/your-sunday-hymn-we-are-marching-in-the-light-of-god/lmages</a> for We Are Marching in The Light of God

#### anne lamott quote

I think joy and sweetness and affection are a spiritual path. We're here to know God, to love and serve God, and to be blown away by the beauty and miracle of nature. You just have to get rid of so much baggage to be light enough to dance, to sing, to play. You don't have time to carry grudges; you don't have time to cling to the need to be right.

Anne Lamott Quotes (Author of *Bird by Bird*) - Goodreads <a href="http://www.goodreads.com/author/quotes/7113.Anne\_Lamott\_Images for Anne Lamott Quotes">http://www.goodreads.com/author/quotes/7113.Anne\_Lamott\_Images for Anne Lamott Quotes</a>