

Street Swing Partner Dance

Intro to Street Swing
together and apart, 'round and 'round, and away we go

The Play Circle – Why (Purpose), What (Principles), How (Practice)*
Connecting dance and daily life, swing and the street.

Why Purpose

Engage life as play.

Play is defined as **imaginative interaction**.

Play is an attitude rather than an activity.

Emphasize process over performance.

What Principles

Swing In the midst of life filled with multiple options, discover **connections**.

For dance, **incorporate** different styles.

Street In the midst of life defined by change increasing exponentially, look beyond technical solutions to **adaptive** solutions.

For dance, employ **improvisation**.

Partner In the midst of life characterized by changing roles, recognize **interdependence** and influence the interaction.

For dance, engage in greater **mutuality**.

Dance In the midst of life bombarded with competing messages, tune into the rhythms of life and **interpret** accordingly.

For dance, let the music **guide** you on what to do.

How Practice

Arthur Murray meets Contra Folk in the Google Age.

Arthur Murray – Stride and glide through life centered and collected.

Contra Folk – Embrace natural rhythms of life.

Yin and Yang

Circle of existence

Life as a journey

Google Age – Intuitive

Live your life with imagination and improvisation.

Recapture the spirit of Jazz Dance in the Ragtime Era for the Google Age.

*Adaptation of [Simon Sinek - The Golden Circle - TedTalks 2009 - YouTube](#)

Prose Poetry 25

Toilet Talk

[Talk: Toilet humour - Wikipedia](#)

Toilet talk is quite possibly the longest and oldest celebrated human tradition.

http://en.wikipedia.org/wiki/Talk%3AToilet_humour

[Images for Talk: Toilet humour](#)

toilet talk

"I saw you at Turtle Lake
a while back," another dancer said
as he was standing at the sink,
and I was standing at a stall.

"This band is going
to be playing there
next Friday," he added.

[2nd Time Around Band - Facebook](#)

2nd Time Around Band appearing Jan. 8th & 9th at St. Croix Casino Danbury, WI

<https://www.facebook.com/2nd-Time-Around-Band-180584005299388/>

[Images for 2nd Time Around Band](#)

men talk

A member of the band
heading into the restroom,
while I was heading out said,
"You've been dancing
up a storm!" to which
I replied, "Your music
is great to dance to!"

Men Talk: Thoughts & Experiences Too Raw to Admit: Tim John Peterson (Author)

Men Talk is a collection of 1,000 quotes, thoughts and experiences of men I've come across in my life as well as some of my own. No one famous. All anonymous. Topics covered include sex of almost every kind, politics, pop culture, religion and philosophy as well as drug, alcohol, mental health, relationship and family issues. The book is intense, raw, very funny, very hot, insightful and touching. It is meant to entertain, validate, give insight and stimulate the reader. The basic premise is that a man can pick up this book and see that he is not alone in his thoughts, feelings, fears, pain and desires. A woman can read it and see what's going on in the minds of men. They can learn about thoughts and feelings that men often keep to themselves and even rarely share with other men. Part of the Men Talk book series.

<https://www.amazon.com/Men-Talk-Thoughts-Experiences-Admit/dp/1484043928>

<https://www.amazon.com/Tim-John-Peterson/e/B006FXL16S>

[Images for Men Talk: Thoughts & Experiences Too Raw to Admit: Tim John Peterson \(Author\)](#)

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[Images for 2nd Time Around Band](#)

urinal talk

A member of the band stood
at one of the urinals
when I walked into the restroom.
As I stood at the other urinal,
he said, "Thanks for coming out tonight."
I replied, "Great music to dance to!"
He said, "We couldn't play without dancers."
I replied, "It works both ways, doesn't it?!"

A Guide to Urinal Etiquette - Plumbworld

There are always one or two people who break the rules, and sometimes the rules have to be broken in any case (such as at a busy football match). For those people, and the opposite sex who may be interested in just what goes on inside a men's bathroom (although I don't know why you would be) here's a guide that shows you how to follow **male bathroom etiquette**; particularly urinal etiquette.

<https://www.plumbworld.co.uk/blog/guide-urinal-etiquette>

[Images for male bathroom etiquette](#)

A Quick Guide To Urinal Etiquette | The Bro Code

The public toilet (bathroom for the yanks) is a place and a situation where the obedience of the bro code is most important, where strict etiquette separates a bro, a MAN, from those other guys we do not speak of.

<https://brocode.org/a-quick-guide-to-urinal-etiquette/>

[Images for Guide To Urinal Etiquette](#)

Lee's Liquor Lounge

<http://www.leesliquorlounge.com/>

[Images for Lee's Liquor Lounge](#)

Dan Lund - Becky Thompson and Old School

Dan Lund & Buffaloaf - rockabilly, classic country, '50s rock 'n' roll

<http://www.beckythompsonandoldschool.com/danbio.html>

[Images for Dan Lund - Becky Thompson and Old School](#)

<http://www.youtube.com/watch?v=pfCCzk8-cok> jackson2 – YouTube. Dan Lund & Buffaloaf at Lee's Liquor Lounge, Minneapolis MN 11/12/12.

<http://www.youtube.com/watch?v=DxEBWC7Jy5g> Guitar Boogie Shuffle – YouTube. Brandon Petron sitting in with Dan Lund's guitar and Buffaloaf at Lee's Liquor Lounge 2012.

<http://www.youtube.com/watch?v=xKqXXw-p9qs> Rock This Town – YouTube. Brandon Petron sitting in with Dan Lund's guitar and Buffaloaf at Lee's Liquor Lounge. Minneapolis. 2012.

differently abled

He stood at the urinal
between sets talking
on his cell phone, while
I waited to get to the sink
in order to wipe the beads
of sweat running down
into my eyes.

Lee's Liquor Lounge

<http://www.leesliquorlounge.com/>

[Images for Lee's Liquor Lounge](#)



out of town

He and I pulled into the parking lot
at about the same time and
found ourselves in the men's restroom.
He asked, "You drive into town, right?"
I answered, "That's right. I would've
gotten here earlier for the lesson
except for a late afternoon meeting."
He replied, "You don't need lessons."
I said, "Oh, but I like to meet the women."

[Lee's Liquor Lounge](http://www.leesliquorlounge.com/)

<http://www.leesliquorlounge.com/>

[Images for Lee's Liquor Lounge](#)

[The Riverside Swing Band - RiversideEntertainmentMN.com](http://www.riversideentertainmentmn.com)

Get ready to party. This vintage swing band is heating things up, performing at weddings, festivals, car shows, and sock hops all over the Midwest. Trumpet, saxophone, trombone, guitar, upright bass, drums, and 4 vocals make these cats unforgettable. Check our calendar for monthly swing dances at Lee's and Famous Dave's Blues Club!



<https://www.riversideentertainmentmn.com/riverside-swing-band>

<https://www.facebook.com/pg/riversideswingband/posts/>

[Images for Riverside Swing Band](#)

<https://www.youtube.com/watch?v=pBJRvzC7BO4> Riverside Swing Band - YouTube

<https://www.youtube.com/watch?v=ljUlsDTbU9w> Heidi Halvorson and the Riverside Swing Band "Is You Is Or Is You Ain't @

Lee's Liquor Lounge – YouTube

lovely bride

He was coming out as
I was coming into
the restroom, so I said,
"It looks like you and your
lovely bride take lessons,"
to which he responded,
"Well, she isn't my bride,
but we enjoy dancing."

[Lee's Liquor Lounge](http://www.leesliquorlounge.com/)

<http://www.leesliquorlounge.com/>

[Images for Lee's Liquor Lounge](#)

[Trailer Trash - Home | Facebook](#)

Trailer Trash – classic country, honky-tonk

<https://www.facebook.com/trailertrashmusic/>

[Images for Trailer Trash country band](#)

<http://www.youtube.com/watch?v=T8d3439r8d0> Trailer Trash - YouTube

<http://www.youtube.com/watch?v=K9F6rEYrlc> Trailer Trash, "Ring Of Fire" - YouTube

<http://www.youtube.com/watch?v=6B6KJ1dXPe0> Trailer Trash – "I've Shopped Everywhere" - YouTube

<https://www.youtube.com/watch?v=Nzx3TiYpklg> Trailer Trash: The Walk Away From You – YouTube

[Images for Trailer Trash minnesota country band - YouTube](#)



making music

A band member whistled a tune while washing his hands in the restroom.

When I commented, "Some musicians make music wherever they go,"

He responded, "I had this tune in my head and had to get it out."

[Osseo Palladium dance and event hall - Home | Facebook](#)

<https://www.facebook.com/OsseoPalladium/>

[Images for Osseo Palladium dance and event hall](#)

[The Rhythm Playboys - Home](#)

The Rhythm Playboys – old time variety, western swing

"Celebrating Over 50 Years of Entertaining"

<http://www.rhythmplayboys.com/>

[Images for Rhythm Playboys](#)

<http://www.youtube.com/watch?v=RuoiPeGMBmc> Rhythm Playboys.Osseo,Wis - YouTube

<http://www.youtube.com/watch?v=9WYDZN23XYg> Rhythm Playboys – YouTube

<http://www.youtube.com/watch?v=KT-h4gSTbq4> Rhythm Playboys - YouTube

http://www.youtube.com/watch?v=3J_lpNpPV_c The Rhythm Playboys Band. – YouTube

<http://www.youtube.com/watch?v=uiDq2-3tkSs> Ellsworth WI Polkafest July 13 2008 Rhythm Playboys Band – YouTube

<http://www.youtube.com/watch?v=QrnA-blRtO0> Rhythm Playboys at Ellsworth WI Polkafest July 2008 #4 - YouTube

<http://www.youtube.com/watch?v=AUJWspH2fOI> Rhythm Playboys at Ellsworth WI PF July 08 #6 - YouTube

<http://www.youtube.com/watch?v=pCDun345B5U> Rhythm Playboys at Ellsworth WI Polkafest July 08 #7 - YouTube

<http://www.youtube.com/watch?v=9HIUOeO4d24> Ellsworth WI Polkafest Act 2 Rhythm Playboys July 13 2008 - YouTube

<http://www.youtube.com/watch?v=6FHRkIOHB34&feature=youtu.be> black mountain rag – YouTube

<http://www.youtube.com/watch?v=PnCZz8GsSo8> From the Southwest Polka Party to Laughlin Nevada – YouTube



nature's calling

A gaggle of girls walked in together, and
I took a chance of asking one of them to dance.
She spent much of the time dancing far apart from me
while looking over at her girlfriends. When, I asked,
"One more?" she replied not unsurprisingly,
"I have to go to the bathroom."

Minneapolis Eagles #34

Eagles #34 Minneapolis, MN – live music
Cajun Combo Mania – 2 Bands!

<http://www.minneapolis eagles34.org/live%20music.html>
[Images for eagles #34 minneapolis, mn – live music](#)



what's more important?

The men's urinals are filled with ice
because the plumbing doesn't work so good,
a sign above the urinals reads,
"Please don't spit chew in the urinals," and
there are no dividers for privacy
when the door opens.
But, hey, who's complaining when
a six-piece band is playing
swing and ragtime
in addition to waltzes and polkas,
the women are willing,
and the floor is open.

Pines Ballroom and Bar - 9690 County Highway SS - Foursquare

<https://foursquare.com/v/pines-ballroom-and-bar/4c4b93b3f7cc1b8d11d70c40>

<https://www.facebook.com/pages/Pines-Ballroom/133934083322686>

<http://www.chippepedia.org/The+Pines+Ballroom>

<https://www.facebook.com/Pines-Ballroom-441285912696842/>

[Images for Pines Ballroom and Bar - Bloomer, WI](#)

Marlin Zimmerman BAND | Facebook

Big Band & Ballroom Dancing, along with Polka, Fox Trot, Cha Cha, Tango, Two-Step

<https://www.facebook.com/MarlinZimmermanBand>

<http://www.youtube.com/watch?v=S2EE dai8o2c> Marlin Zimmerman Big Band Music – YouTube

[Images for Marlin Zimmerman BAND](#)

necessary room

She seemed new to partner dancing
and hesitant to accept my offer.
I assured her I'd take it easy, and I did.
I then asked, "One more?"
She replied, "Gotta go potty,"
and ran off the floor.

Sammy's Lovers Stories | Sammy's Pizza

Sammy's Pizza and Restaurant
What's Your Sammy's Story?

<http://mysammys.com/sammys-stories/>

[Images for Sammy's Lovers Stories | Sammy's Pizza images](#)

40 Fingers: HOME

<https://40fingersband.com/>

<https://40fingersband.com/sample-songlist>

<http://www.youtube.com/watch?v=3D9gOD5kjGk> 40 Fingers - Roll Over Beethoven - YouTube

<http://www.youtube.com/watch?v=2T89sfNOWA> 40 FINGERS - When Will I Be Loved - YouTube

<http://www.youtube.com/watch?v=bZkc2gMIGVY> 40 FINGERS, China Grove - YouTube

<https://starspiritadventures.com/2017/06/16/check-out-the-40-fingers-band-of-eau-claire-wisconsin/>



dance quote

I grew up with six brothers. That's how I learned to dance – waiting for the bathroom.



Bob Hope Quotes - BrainyQuote

http://www.brainyquote.com/quotes/authors/b/bob_hope.html

[Images for how I learned to dance – waiting for the bathroom.](#)

close call

Normally, I do not drink coffee, but sometimes I drink coffee mixed with cocoa and cream when I travel some distance to dances. One time, the coffee mix acted as both a diuretic and a laxative so that I arrived at the men's room just in time.

Casino Entertainment | Live Shows | St Croix Casino Danbury

FRIDAY, AUG. 2 AT 7PM & SATURDAY, AUG. 3 AT 8PM

ROCK-A-BILLY REVUE

<https://www.stcroix-casinos.com/hotels/danbury/entertainment-shows>

[Images for Casino Entertainment | Live Shows | St Croix Casino Danbury](#)

Rock-A-Billy Revue - Home | Facebook - Duluth

<https://www.facebook.com/rockabillyduluth/>

<http://www.knon.org/rockabilly-revue/>

[Images for Rock-a-Billy Revue band](#)

The 8 Best Natural Diuretics to Eat or Drink - Healthline

1. Coffee

Coffee is a very popular drink that has been linked to some [impressive health benefits](#).

It's also a natural diuretic, mainly because of its [caffeine](#) content ([1 Trusted Source](#)).

<https://www.healthline.com/nutrition/best-diuretic-foods-drinks#section1>

[Images for coffee a diuretic](#)

Is Coffee a Laxative? - Healthline

Coffee is more than just a beverage; for many people, it's their life's blood. And while coffee is primarily known for "waking up" the brain, many people claim that their morning cup of java also energizes their bowels. So, what is it about coffee that makes some people run for the nearest toilet while others feel no impact? Read on to learn more.

<https://www.healthline.com/health/is-coffee-a-laxative#1>

[Images for coffee a laxative](#)



memory

I intended to check the website
to refresh my memory on the
first name of the band leader so that
I could greet him by name.
Part way there,
I realized I had neglected to do so but
still thought I might overhear
his name spoken before I met him.
It was not to be as
I was drying my hands
in the men's room and
he walked in, extended his hand,
greeted me by name, and said,
"You're the man."
I replied, "I came here because of you."

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[Images for Casino Entertainment | Live Shows | St Croix Casino Danbury](#)

toilet talk onstage

Early in the show, the fog machine
emitted a cloud, whereupon
the bandleader pretended to fan
his backside below the waist,
Later in the show, he played Footloose
after which he suggested that
somebody must have cut loose
and dropped a bomb.

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<https://www.stcroix-casinos.com/hotels/danbury/entertainment-shows>
[Images for Casino Entertainment | Live Shows | St Croix Casino Danbury](#)

Footloose - Final Dance 1984 HD - YouTube
<https://www.youtube.com/watch?v=NqGslEZ5l6c>
[Images for Footloose - Final Dance 1984 - YouTube](#)

These are the 261 ways you can say fart, according to Urban Dictionary – Metro News... But Not as You Know It

- 67. Cut loose
- 77. Dropped a bomb

<https://metro.co.uk/2015/10/20/there-are-261-ways-you-can-say-fart-5450985/>
[Images for ways you can say fart](#)

