

Street Swing Partner Dance

Intro to Street Swing
together and apart, 'round and 'round, and away we go

The Play Circle – Why (Purpose), What (Principles), How (Practice)*
Connecting dance and daily life, swing and the street.

Why Purpose

Engage life as play.

Play is defined as **imaginative interaction**.

Play is an attitude rather than an activity.

Emphasize process over performance.

What Principles

Swing In the midst of life filled with multiple options, discover **connections**.

For dance, **incorporate** different styles.

Street In the midst of life defined by change increasing exponentially, look beyond technical solutions to **adaptive** solutions.

For dance, employ **improvisation**.

Partner In the midst of life characterized by changing roles, recognize **interdependence** and influence the interaction.

For dance, engage in greater **mutuality**.

Dance In the midst of life bombarded with competing messages, tune into the rhythms of life and **interpret** accordingly.

For dance, let the music **guide** you on what to do.

How Practice

Arthur Murray meets Contra Folk in the Google Age.

Arthur Murray – Stride and glide through life centered and collected.

Contra Folk – Embrace natural rhythms of life.

Yin and Yang

Circle of existence

Life as a journey

Google Age – Intuitive

Live your life with imagination and improvisation.

Recapture the spirit of Jazz Dance in the Ragtime Era for the Google Age.

*Adaptation of [Simon Sinek - The Golden Circle - TedTalks 2009 - YouTube](#)

Prose Poetry 8

Young Blonde

i would have never guessed

Young

blond hair

blue eyes

attractive

and

strong.

I told her as much.

She told me it came

from milking cows.

[Sammy's Lovers Stories | Sammy's Pizza](#)

Sammy's Pizza and Restaurant

What's Your Sammy's Story?

<http://mysammys.com/sammys-stories/>

[Images for Sammy's Lovers Stories | Sammy's Pizza](#)

[Thundermen](#)

The Thundermen – '50s-'60s rock 'n' roll

The Midwest's Original Rock 'n' Roll Band

<http://www.thundermen.com/>

<https://www.facebook.com/pages/The-Thundermen/170937716351967>

[Images for Thundermen – '50s-'60s rock 'n' roll](#)

[milking a cow by hand - YouTube](#)

[katrine rudolph](#)

Published on Sep 27, 2014

I am milking our house cow Inger. Her calf has been in the stable all night. This way I can get some of Inger's milk. Therefore the cow is mooing and not really calm. When the calf is still little and by her side while I do the milking - Inger is always calm and relaxed. Animals make very close bonds and love to be together all the time. But if you wish to have a cow and calf living together - and also want to have some milk for your self and your family. This method is great. The cow and calf adjust well to the separation at night and enjoy being together on the pasture all day long.

<https://www.youtube.com/watch?v=XCkoQ-sCQ4Y>
[Images for milking a cow by hand katrine rudolph - YouTube](#)



dance quote

Dancing is surely the most basic and relevant of all forms of expression. Nothing else can so effectively give outward form to an inner experience. Poetry and music exist in time. Painting and architecture are a part of space. But only the dance lives at once in both space and time. In it the creator and the thing created, the artist and the expression, are one. Each participates completely in the other. There could be no better metaphor for an understanding of the mechanics of the cosmos.

Lyall Watson, *Gifts of Unknown Things: A True Story of Nature, Healing, and Initiation from Indonesia's Dancing Island*

Quote by Lyall Watson

<http://www.goodreads.com/quotes/226983-dancing-is-surely-the-most-basic-and-relevant-of-all>
[Images for Dancing is surely the most basic and relevant of all forms of expression.](#)

reminded me of

She reminded me of
the Norwegian actress
Ingrid Bergman, and
I told her so.

Sammy's Lovers Stories | Sammy's Pizza

Sammy's Pizza and Restaurant

What's Your Sammy's Story?

<http://mysammys.com/sammys-stories/>
[Images for Sammy's Lovers Stories | Sammy's Pizza](#)

Ingrid Bergman - Wikipedia

Ingrid Bergman (29 August 1915 – 29 August 1982) was a [Swedish](#) actress who starred in a variety of European and [American](#) films.^[2] She won three [Academy Awards](#), two [Emmy Awards](#), four [Golden Globe Awards](#) and the [Tony Award for Best Actress](#). She is ranked as the [fourth greatest female star](#) of American cinema of all time by the [American Film Institute](#). She is best remembered for her roles as Ilsa Lund in *Casablanca* (1942), a [World War II](#) drama co-starring [Humphrey Bogart](#), and as Alicia Huberman in *Notorious* (1946), an [Alfred Hitchcock](#) thriller co-starring [Cary Grant](#).^[3]

Before becoming a star in American films, she had been a leading actress in Swedish films. Her first introduction to U.S. audiences came with her starring role in the English-language remake of *Intermezzo* in 1939. In the United States, she brought to the screen a "Nordic freshness and vitality", along with exceptional beauty and intelligence, and according to the *St. James Encyclopedia of Popular Culture*, she quickly became "the ideal of American womanhood" and one of Hollywood's greatest leading actresses.^[4]

After her performance in [Victor Fleming](#)'s remake of *Dr. Jekyll and Mr. Hyde* in 1941, she was noticed by her future producer [David O. Selznick](#), who called her "the most completely conscientious actress" he had ever worked with. He gave her a seven-year acting contract, thereby supporting her continued success. A few of her other starring roles, besides *Casablanca*, included *For Whom the Bell Tolls* (1943), *Gaslight* (1944), *The Bells of St. Mary's* (1945), [Alfred Hitchcock](#)'s *Spellbound* (1945), *Notorious* (1946), and *Under Capricorn* (1949), and the independent production, *Joan of Arc* (1948).



Bergman in 1944

http://en.wikipedia.org/wiki/Ingrid_Bergman

[Images for Ingrid Bergman](#)

[Ingrid Bergman Dances - YouTube](#)

http://www.youtube.com/watch?v=aGwmA_CHbeQ

[Images for Ingrid Bergman Dances - YouTube](#)

salsa?

She was young and fit,
so, I turned her this way and that.
She asked, "Do you dance the salsa?"
I answered, "No."
She smiled, "I think you'd like it."

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Sammy's Pizza and Restaurant

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<http://mysammys.com/sammys-stories/>

[Images for Sammy's Lovers Stories | Sammy's Pizza](#)

[El Patio/Burrito Express - Eau Claire, WI - Mexican - Facebook](#)

Come have fun with us tonight!

Salsa Thursdays

<https://www.facebook.com/pages/El-Patio/100869719958362>

[Images for El Patio/Burrito Express - Eau Claire, WI - Mexican](#)

[SALSA DANCING - YouTube](#)

<http://www.calistylesalsa.com> in this salsa video Mayra cutiva and Eduardo are totally improvising at a club in cali, this salsa dancing is full of flavor and sabor, it is a lot of fun and you can also learn it easily in our website, if you want to learn how to dance salsa, check out our salsa videos here and learn how to salsa dance .

<https://www.youtube.com/watch?v=e-lwUcSFsi0>

[Images for Salsa Dancing - YouTube](#)

dance quote

There isn't a dance that can compare to the gaiety, the timing and cohesiveness of hand maneuvers, the provocative movements in unison of an upbeat salsa dance. The sweating, the writhing bodies, the facial expressions; the start of a moderate sensual beat climaxing in the middle to a crescendo and then ending with a slower consummation is like making love in its most exquisite form.

Quote by Isabel Lopez

<http://www.goodreads.com/quotes/645502-there-isn-t-a-dance-that-can-compare-to-the-gaiety>

[Images for provocative movements in unison of an upbeat salsa dance](#)



voicemail

*Hi, Lowell, I'm (name), the young blonde girl
you danced with at Sammy's about a week ago.
You gave me your card.
I was just calling to say that
I will be at the Wabasha Street Caves with
some of my friends this Thursday.
Love to see you there.*

The message came
as music to my ears.

Sammy's Lovers Stories | Sammy's Pizza

Sammy's Pizza and Restaurant
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<http://mysammys.com/sammys-stories/>

[Images for Sammy's Lovers Stories | Sammy's Pizza](#)

Swing Page - Wabasha Street Caves

<http://www.wabashastreetcaves.com/swing.html>

[Images for Swing Page - Wabasha Street Caves](#)

Minnesota Jazz Orchestra

Big band jazz

<http://www.minnesotajazzorchestra.com/>

<https://www.facebook.com/pages/Minnesota-Jazz-Orchestra/136789593038886>

<http://www.youtube.com/watch?v=mjaOHoSwlQ4> The Minnesota Jazz Orchestra - YouTube

[Images for Minnesota Jazz Orchestra big band jazz](#)

all in the family

A grandmother suggested I dance
with her granddaughter at the Viennese Ball.
I hesitated to ask because a doting man
was standing next to the young woman.
She responded that the man was trying
to endear himself to her granddaughter,
but he didn't even dance.
The young woman lamented
that she didn't get to dance very often
and, many times, took the lead with another woman.
But when we spun this way and that to Sing, Sing, Sing,
she matched the frenetic pace and then some.
All I can figure out is that
dance runs in the family.

Viennese Ball, University Centers, UW-Eau Claire

The Viennese Ball is a formal event recalling the romance and elegance of 19th-century Vienna, Austria. The event is presented in duplicate each evening and is a much-anticipated fundraiser for music, service, and international study scholarships for University of Wisconsin-Eau Claire students.

Modeled on the historic New Year's Eve Kaiser Ball, the event transforms all three levels of Davies Center. Guests may waltz in the grand ballroom, swing dance to Big Band standards, polka in the informal festival hall, sing along in the piano bar, and hear showcase performances on the Bosendorfer Imperial Grand Piano.

Available throughout Davies Center all through the evening are authentic Austrian specialties, soups, cheeses, sandwiches and brats, tortes and cheesecakes, sparkling wine, Austrian beers, and American-style bar service. A midnight tom-cat breakfast – *Katerfruhstuck* – prepares patrons for their journey home.

<http://www.uwec.edu/centers/vball/>

<https://www.facebook.com/UWECVball>

<https://www.uwec.edu/academics/college-arts-sciences/departments-programs/music-theatre-arts/academic-offerings/ensembles/jazz-studies/auditions/>

[Images for Viennese Ball, University Centers, UW-Eau Claire](#)

Swing Kids (1993) - The Benny Goodman Orchestra – Sing, Sing, Sing. - YouTube

<https://www.youtube.com/watch?v=YibBVIYwQWs>

[Images for Swing Kids \(1993\) - The Benny Goodman – Sing, Sing, Sing. - YouTube](#)



okay

"Show me the rumba," she said,
 "I don't like it. It's too slow," I replied.
 "I think it's sexy," she countered.
 What could I say?
 "The count is slow-quick-quick.
 We'll start with a box..."

Viennese Ball, University Centers, UW-Eau Claire

The 39th Annual Viennese Ball

<http://www.uwec.edu/centers/vball/>

<https://www.facebook.com/UWECVball>

<https://www.uwec.edu/academics/college-arts-sciences/departments-programs/music-theatre-arts/academic-offerings/ensembles/jazz-studies/auditions/>

[Images for Viennese Ball, University Centers, UW-Eau Claire](#)

How to Do a Rumba Box Step | Ballroom Dance - YouTube

Aaron: Hey guys, it's Aaron. Kristina:
 And I'm Kristina.

Aaron: And we are professional dance instructors here in New York City, and today we're going to be talking to you a little bit about a dance called the rumba. So, first of all, we're going to take apart the basic action in this dance and what we're going to come up with is what we usually refer to as a box step. So what we're going to do is we're going to start with our left leg, and we're going to start with a step forward, and then we're going to take our right foot and step directly to the side, and then replace our left foot together with our right, and taking a step back on our right, and then directly to the side on our left, stepping together with the right, changing our weight, and again continuing forward on the left. And side, together, back. And side, together, forward. Side, together, back. And side, together, forward.

Now the rumba has its origins in Cuba. Now this is a Latin dance and we will see a lot of hip action across all of these Latin dances, specifically more in this rumba as you're going to see with the bending and straightening of the legs creating a sort of lateral settling of the hips, as well as somewhat of a figure eight action that begins to happen that gives us that great Cuban motion. And back, side, together, forward. And side, together, back. And side, together.

Now we're going to count this using slows and quicks. So, we're going to start, forward on our left with slow, and step quick quick. Slow, quick quick. Slow, quick quick. Slow, and quick quick. So now let's take a look at that with our partner.

Starting in our closed position with our left to right hand hold somewhere about chin height where it's comfortable for both of us, and placing our right hand on the lady's left shoulder blade as the lady places her hand on our right shoulder close to our deltoid here. So, starting again with our left foot forward and right foot back for the ladies, slow, quick quick. Slow, quick quick. Slow, quick quick. Slow, now I'm just going to demonstrate how this dance is actually going to rotate as well, counter-clockwise, to our left, quick, quick. Slow, quick quick. Slow, quick quick. Now let's try that with some music.

<https://www.youtube.com/watch?v=c85YThZEW6Y>

[Images for How to Do a Rumba Box Step | Ballroom Dance - YouTube](#)



creative quote

I think people are sexy when they have a sense of humor, when they are smart, when they have some sense of style, when they are kind, when they express their own opinions, when they are creative, when they have character.

Suzanne Vega Quotes - BrainyQuote

<http://www.brainyquote.com/quotes/quotes/s/suzanneveg209174.html>

[Images for I think people are sexy when they have a sense of humor](#)

hungarian dance no. 5 in f-sharp minor

As a granddaughter and
another student pianist
from the keyboard studios
played a duet by Johannes Brahms
in a recital at the Viennese Ball,
I closed my eyes and imagined
the music in human form.



Viennese Ball, University Centers, UW-Eau Claire

The 39th Annual Viennese Ball

<http://www.uwec.edu/centers/vball/>

<https://www.facebook.com/UWECVball>

<https://www.uwec.edu/academics/college-arts-sciences/departments-programs/music-theatre-arts/academic-offerings/ensembles/jazz-studies/auditions/>

[Images for Viennese Ball, University Centers, UW-Eau Claire](#)

Brahms, Hungarian Dance No 5 in f sharp minor, Allegro - YouTube

Izolda Lindberg-Suslak and Robert Bennesh, piano

<https://www.youtube.com/watch?v=5G7SeLSDhmA>

[Images for Brahms, Hungarian Dance No 5 in f sharp minor, Allegro - YouTube](#)

Charlie Chaplin: Hungarian Dance No.5. - YouTube



<https://www.youtube.com/watch?v=U0f42NBrlUg>

[Images for Charlie Chaplin: Hungarian Dance No.5 - YouTube](#)

grandmother

She was slight of build
and older than me.

I took it easy with her
on the two step dances
to Darlene and the Boys
at the Crickets Bar and Grill,
but, when a group of us

stopped by the St. Croix Casino
on the way home,
the temptation of an open floor
to a party band of three
20 something female musicians
proved to be too great,
and to my pleasant surprise
she quickly glided
around the floor with ease.

Entertainment - Cricket's Bar, Grill & Events

<http://www.cricketsbarandgrill.com/entertainment.htm>

[Images for Entertainment - Cricket's Bar, Grill & Events](#)

Darlene And The Boys - Home | Facebook

Darlene And The Boys is a fun and professional traditional country band.

<https://www.facebook.com/darleneandtheboys/>

<https://darleneandtheboys.com/>

<https://darleneandtheboys.com/pics>

[Images for Darlene and The Boys](#)

<https://www.youtube.com/watch?v=HmYr1xogadU> DARLENE AND THE BOYS! MED 5 – YouTube

<https://www.youtube.com/watch?v=a2CgtltRuJQ> Darlene and the Boys - Oakdale Concerts in the Park - 6/7/17 - YouTube

Casino Entertainment | Live Shows | St Croix Casino Turtle Lake

<https://www.stcroix-casinos.com/hotels/turtlelake/entertainment>

[Images for Casino Entertainment | Live Shows | St Croix Casino Turtle Lake](#)

